



**FOX VALLEY** 

#### **BREAKFAST**

## Monday to Friday

2 Eggs any style, Meat of the day, Potato, Toast

#### Weekends

Scrambled Eggs, Meat of the day and potato

# Special of the day Monday

Belgian Waffles and Scrambled Egg and Meat

#### Tuesday

Denver Omelet with Potato and Choice of Toast

#### Wednesday

Grilled Ham with Scrambled Egg and Potatoes

# Thursday

Biscuits and Gravy with Scrambled Egg and Potato

#### Friday

2 French Toast with Egg and Meat of the day

#### Saturday

2 Pancake with Egg and Meat of the day

#### Sunday

Breakfast Skillet with fried Egg and Toast

#### LUNCH

## Sunday - 24 October

Chicken Caesar Salad (croutons, parmesan cheese, and Caesar dressing)

Chicago style Hot Dog with side of Tarter Tots Baked Ham with Sweet Potato and Veggies

#### Monday - 25 October

Homemade Chili with side of Corn Bread Pastrami Sandwich with Side of Potato Chips Steak Quesadilla with Side of Mexican Rice

#### Tuesday - 26 October

Caribbean Shrimp Salad (mango, cranberries and raspberry dressing)

Chicken Tenders Platter with Side of Macaroni and Cheese Steak Fajitas with Side of Mexican Rice and Mild Salsa

## Wednesday - 27 October

Tomato Cucumber Salad with Ranch Dressing Pastrami Sandwich with Side of Macaroni Salad Ranch Chicken Reuben with Side of Fries

## Thursday - 28 October

Fiesta Chicken Salad with Chipotle Ranch Dressing Vegetable Platter (Carrots, celery, tomato, broccoli, ranch dressing) Grilled Cauliflower Steak with Mashed Potato and Vegetables

## Friday - 29 October

Traditional Taco Salad with Homemade Salsa BBQ Pulled Pork Sandwich with Side of Chips Beef Stroganoff over Egg Noodle Pasta

#### Saturday - 30 October

Five Grain Power Salad with Feta Cheese Grilled Cheese with Tomato Basil Soup BBQ Chicken Platter with baked beans and Corn Bread

#### **DINNER**

#### Sunday - 24 October

Salisbury Steak with Mashed Potato and Veggies

Italian Sausage Ravioli with Side of Garlic Bread

#### Monday - 25 October

Beef Tips over Biscuit and Mix Vegetables Mediterranean Chicken Salad with Your Favorite Dressing

## Tuesday - 26 October

Confetti Risotto plate with Red Pepper and Mushrooms

Baked Chicken Quarter with side of Mashed Potato and Veggies

#### Wednesday - 27 October

Chicken Cordon Bleu with Rice Pilaf and Veggies

Bratwurst Platter with side of Roasted Potatoes

## Thursday - 28 October

Meat Lasagna with Garlic Bread and Veggies

Lemon Pepper Cod with side of Rice Pilaf and Veggies

# Friday - 29 October

Greek Island Crab Salad with Ranch Dressing Red Wine Flank Steak with Mashed Potato

and Veggies

## Saturday - 30 October

Pork Loin Medallions with Mashed Potatoes and Veggies Catfish Platter with side of Coleslaw





**FOX VALLEY** 

# **ALTERNATE SPECIALS**

Cheese Quesadilla

Veggie Burger

Grilled Cheese

Deli Sandwich

Grilled Chicken Sandwich

#### LUNCH

#### Sunday - 31 October

Ground Beef Burrito bowl with Cheese and Tomato
Kale & Beet Salad with Feta Cheese and Your Choice of Dressing
Traditional Pot Roast with Mashed Potato and Vegetables

#### Monday - 1 November

Steak Wrap with Side of Fresh Fruit Pizza Puff with Side of Salad Seafood Crab Salad with Side of Slice Bread

#### Tuesday - 2 November

Egg roll Platter with Side of Fries Sweet and Sour Chicken Nuggets over White Rice Watermelon Arugula Salad with Raspberry Dressing

#### Wednesday - 3 November

Chicken Caesar Salad with Caesar Dressing Pork Carnitas with Side of Potato Skins Traditional Beef Tacos with Side of Mexican Rice

## Thursday - 4 November

Tuna Salad Plate with Crackers Five Grain Salad with Feta Cheese and Raspberry Dressing Chicken Philly Sandwich with Side of Onion Rings

## Friday - 5 November

Chicken Stir Fry over White Rice and Egg-roll Confetti Risotto with Mushrooms Fresh Fruit Platter with Cottage Cheese

## Saturday - 6 November

Tomato Cucumber Salad with Ranch Dressing BBQ Ribs with Side of Baked Beans and Corn Bread Turkey Sandwich with Macaroni Pasta

#### **DINNER**

#### Sunday - 31 October

Tilapia Pomodoro with side of Vegetable Rice

Baked Mostaccioli with Side of Galric Bread

#### Monday - 1 November

Cilantro Aioli Cod with Side of Fries Steakhouse Wedge Salad with Ranch Dressing

#### Tuesday - 2 November

Spicy Beef Lettuce Cup with Lettuce and Tomato

Catfish Po-Boy with Side of Tarter Tots

#### Wednesday - 3 November

Grilled Cauliflower Steak with Potato Wedges

Sloppy Joe with Potato Chips (and)

#### Thursday - 4 November

Chicken Vesuvio with Veggies and Potatoes Sausage & Pepper Sandwich with Side of Potato Chips

# Friday - 5 November

Greek Chicken with Side of Roasted Potatoes and Veggies Pork Chops with Mashed Potatoes and

Broccoli

## Saturday - 6 November

Chimichurri Pork with Mashed Potato and Veggies

Tortilla Crusted Tilapia and Vegetables

