

10 9 Resistance Bands 10:30 Coffee & current event 1 manicures 2 Eclairs 3-4 BINGO	11 9 Chair yoga 10:30 Coffee & current events 1 DIY Tote Bags 2 Brownies 3-4 Diamond painting	9 Resistance bands 10:30 Coffee & current events 1 January Birthday party 2 Food council	13 9 Chair yoga 10:30 Coffee & current events 1 DIY Trays 2 smoothies 3-4 Diamond Painting cont.	9 Resistance bands 10:30 Coffee & current events 1 Shower steamers 2 corkscrew owls	15 10 Coffee & current events 11 DIY Lip balm 12-1 Karaoke Sunday
		2:30 Activities council 3-4 Diamond Painting		3-4 Happy Hour	Church Board games @ front desk
17 9 Resistance Bands 10:30 Coffee & current event 1-2:30 Mall 3-4 BINGO	18 9 Chair yoga 10:30 Coffee & current events 1 DIY Hats 2 Chips & salsas 3-4 Jewelry Box	9 Resistance bands 9:30-11:30 Walmart 1 Chex mix 2 Town Hall 3-4 Happy hour	9 Chair yoga 9:30-11:30 Baytown shopping center 1 Pour painting 2:30 popcorn 3-4 Borax Crystals	9 Resistance Bands 10:30 coffee & current events 1 Paper lanterns 3-4 Resin phone holders	10 Coffee & current events 11 Bracelets 12-1 Karaoke Sunday Church UNO Cards @ Front Desk



Key: Purple = Snacks, Green = Meetings/Council,
Blue = Parties/Special, Red = Outings, Pink = Clubs