








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				(AC) Activity Center (DR) Dining Room (T) Theater (PA) Pool Area (C/W) Cardio Weight Room. (CA) Computer Area (L) Lobby	Every outdoor Activity is weather permitting. If unable to go outside we will do In house game or Activity 	1 9:00 Morning News (AC) 10:00 (AC) Jenga 1:30 (AC) Game of Choice 2:30 Shoot some hoops (AC) 3:30 (AC) Social Hour 4:30 (AC) Brain teasers
2 Activity Center has cards, board games for your convenience. Games will be left at the front desk upon request. When done please return to the desk. Thank you *for a list of games see Activities	3 9:00 Upper Body Workout (C/WR) 10:00 (AC) Texa's Hold em 2:00 (DR) Food Committee Meeting 3:30 (AC) Create an email 4:30 (AC) Crosswords *Sign up for trips 1/4, 1/5	4 9:00 Starting the day Meditating (AC) 9:45 Walmart/Dollar Tree (L) 2:00 (AC) Poetry Reading 3:00 (AC) Sip & Paint 4:00 (AC) Two truths & a Lie 6-7p Testimonial Tuesday (AC)	5 9:00 Resistance Band workout (C/WR) 9:45 Walmart/Dollar Tree (L) 1:30 (AC) Basic Spanish 3:00 (AC) Jewelry Making 4:00 (AC) DIY Project 6-7p Bible Studies (AC)	6 9:00 Breathing exercises (AC) 10:00 (AC) Hot Chocolate & Muffins 1:00 (AC) Writer's Workshop 2:00 Bingo (DR) 3:30 (AC) Newspaper Meeting *Signup 4:30 (AC) Word Scramble	7 9:00 Full Body Workout (C/WR) 10:00 (AC) Family Feud 2:00 Movie & Popcorn (AC) 4:00 Sudoku (AC) *Sign up for Basketball Tournament	8 9:00 Morning News (AC) 10:00 (AC) Dominoes 2:00-4:00 Men & Women's Group (AC) 4:30 (AC) Board Games 
9 Activity Center has cards, board games for your convenience. Games will be left at the front desk upon request. When done please return to the desk. Thank you *for a list of games see Activities	10 9:00 Upper body workout (C/WR) 10:00 (PA) Let's Shoot some pool 1:30 (AC) Laughter Therapy 2:00 Bingo (DR) 3:30 (AC) UNO *Sign up for trips 1/12, 1/13	11 9:00 Starting the day meditating (AC) 10:00 (AC) Tea & Convos 1:30 (AC) Trivia 2:00 (AC) Nail Spa & Music 3:00 (AC) Sip & Paint 6-7pm Testimonial Tuesday (AC)	12 9:00 Resistance Band workout (C/WR) 10:00 (AC) Poker 12:30 Field Museum (L) 4:30 (AC) Sudoku 6-7p Bible Studies (AC)	13 9:00 Breathing exercises (AC) 10:00 Surprise Bus Trip (L) 1:00 (AC) Crocheting 2:00 (DR) Town Hall Meeting -Employee of the Month 3:30 (AC) Open Mic 4:30 Word Search (AC)	14 9:00 Full Body Workout (C/WR) 10:00 (CA) Basic computer learning 2:00 Movie & Popcorn (AC) 4:30 Brain Teasers (AC)	15 9:00 Morning News (AC) 10:00 (AC) Checkers 1:00 (AC) Stressball Making 2:00 (AC) Basketball Tournament (1st) 3:30 (AC) Crafting 4:30 Adult Coloring (AC)
16 Activity Center has cards, board games for your convenience. Games will be left at the front desk upon request. When done please return to the desk. Thank you. *For a list of games see Activities	17 9:00 Upper body Workout (C/WR) 10:00 (AC) Family Feud 2:00 Resident Council Meeting (DR) 3:00 (AC) Basic Spanish 4:00 (AC) Jewelry Making *Sign up for trips 1/18, 1/20 Martin Luther King Jr Day	18 9:00 Starting the day meditating (AC) 10:00 (AC) Hot Chocolate & Muffins 12:00 AMC Theater (L) 4:30 (AC) Spot the difference 6-7pm Testimonial Tuesday (AC)	19 9:00 Resistance Band Workout (C/WR) 10:00 Story Swapping & Refreshments (AC) 1:00 (AC) Social Hour 2:00 Bingo (DR) 3:30 (AC) Sip & Paint 4:30 (AC) Crosswords 6-7p Bible Studies	20 9:00 Breathing exercises (AC) 10:00 Surprise Bus trip (L) 2:00 (AC) Clay Molding 3:00 Activity Meeting (AC) 4:30 Dominoes (AC) 	21 9:00 Full Body Workout (C/WR)  10:00 (AC) Writer's Workshop 1:00 (AC) Basketball Tournament (2nd) 2:00 Movie & Popcorn (AC) 🍿 4:30 (AC) Board Games	22 9:00 Morning News (AC) 10:00 (AC) Yahtzee 1:30 (AC) Trivia 2:00 (AC) Card Tournament 3:30 (AC) Jenga 4:30 (AC) Word Scramble

<p>23 Activity Center has cards, board games for your convenience. Games will be left at the front desk upon request. When done please return to the desk. Thank you. *For a list of games see Activities</p>	<p>24 9:00 Upper body workout (C/WR) 10:00 (AC) Connect Four 1:00 (AC) Safe Link /Assurance assistance 2:00 (AC) Basic Computer Learning 3:00 (AC) Sip & Paint 4:00 (AC) Blackjack *Sign up for trips 1/25</p>	<p>25 9:00 Starting the day Meditating (AC) 10:00 (AC) Crazy 8's 12:00 AMC Theater (L) 4:30 (AC) Sudoku 6-7pm Testimonial Tuesday (AC)</p>	<p>26 9:00 Resistance Band Workout (C/WR) 10:00 (AC) Nail Spa & Music 1:00 (AC) Crocheting 2:00 (AC) Open Mic 3:00 (AC) B-day Celebration (January b-days only) 6-7p Bible Studies (AC) 📖</p>	<p>27 9:00 Breathing Exercises (AC) 10:00 (PA) Let's shoot some Pool 2:00 Bingo (DR) 3:00 (AC) Sparkling Cocktail & Cheese 4:30 (AC) Left, Right, Center</p>	<p>28 9:00 Full Body Workout (C/WR) 🏠 10:00 (AC) UNO 2:00 Movie & Popcorn (AC) 🍿 4:30 Adult Coloring (AC)</p> 	<p>29 9:00 Morning News (AC) 10:00 (AC) Tea & Convos 1:30 (AC) Game of Choice 2:30 (AC) Basketball Tournament (Final) 4:00 (AC) Crafting</p>
<p>30 Activity Center has cards, board games for your convenience. Games will be left at the front desk upon request. When done please return to the desk. Thank you. *For a list of games see Activities</p>	<p>31 9:00 Upper Body Workout (C/WR) 10:00 (AC) Texas Hold 'em 2:00 Bingo (DR) 3:30 (AC) Jewelry Making 4:30 Word Search (AC)</p>	