









January

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1. 9am Breathing Exercise. Happy New</p>  <p>1pm Hot Drink Bar Activity Packets</p>	<p>2. 9am Chair Yoga.</p> <p>9:30 Walmart</p> <p>1pm New year celebration/ Happy Hour</p>  <p>2:40 Dollar Tree</p>	<p>3.9am Breathing Exercise.</p> <p>9am Ruler Food</p> <p>1:10 Walmart</p> <p>3pm word search and music</p>	<p>4.9am Current Events & snack.</p> <p>10am BINGO! 1pm Crafts. 2:15pm Movie&Popcorn.</p>  <p>5.SUNDAY! Board Games & Activity Packets @ Front Desk</p>
<p>6. 9 Breathing Exercise.</p> <p>10amBible Study. 1 Deviled Strawberry's</p>  <p>2pm Comedy Movie in theater</p>	<p>7. 9amChair Yoga.</p> <p>9:30 DMV</p>  <p>1pm Dash pass.</p> <p>2:30 Make your own soap</p>	<p>8. 9am Breathing Exercise.</p> <p>10 Pop Shelf.</p> <p>1:15 Karaoke& punch</p>  <p>2:45-3:45 word search& hot tea</p>	<p>9. 9am Chair Yoga.</p> <p>9:30 Walmart</p> <p>1pm Dollar Tree</p> <p>3pm Wii Sports</p>	<p>10. 9am Breathing Exercise.</p> <p>9:30 Salvation Army. 1 Pie eating contest</p>  <p>2-4 Pool Tournament</p>	<p>11.9am Current Events & snack. 10 BINGO! 1pm Crafts. 2:15pm Movie&Popcorn</p>  <p>12.SUNDAY! Board Games & Activity Packets @ Front Desk`</p>

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<p>13. 9am Breathing Exercise.</p> <p>10 Bible study. 1pm Trivia 2 food pantry</p> 	<p>14. 9am Chair Yoga. 9:30 Salt & light 1pm food council. 1:30 activity council. 2:30 3-4 Peanut Butter Fudge</p>	<p>15. 9am Breathing Exercise. 10 Goodwill 1pm Ice cream 2 Town Hall</p>  <p>2:30pm coloring Sheets</p>	<p>16. 9am Chair Yoga. 9:30 Parkland Student Group. 1pm Diamond Painting. 2pm BINGO</p> <p>3pm Happy Hour</p> 	<p>17. 9am Breathing Exercise. 9:45-11:20 Library 12:45 Pizza Bar</p>  <p>2:30-4 Paint&Sip</p>	<p>18. 9am Current Events & snack. 10am BINGO! 1pm Crafts. 2:15pm Movie&Popcorn</p>  <p>19. SUNDAY! Board Games & Activity Packets @ Front Desk`</p>
<p>20. 9am Breathing Exercise. 10 Bible study</p> <p>1-Martin Luther king Day celebration activity</p>  <p>2:30 Hot Drink Bar!</p>	<p>21. 9am Chair Yoga 10 soup day 1pm Dollar Tree 2:45 Family Fude</p> 	<p>22. 9am Breathing Exercise. 10am urban ministries 1 No bake desert Activity</p>  <p>2:30 Wii Michael Jacksons Experience.</p>	<p>23. 9am Chair Yoga 9:30 Parkland Student Group. 1 Bingo</p>  <p>2pm all staff meeting 3-4 Wii Sport Game.</p>	<p>24. 9am Breathing Exercise. 9:30 canvas 12:30 Birthdays</p>  <p>1:30 Walmart</p>	<p>25. am Current Events & snack. 10am BINGO! 1pm Crafts. 2:15pm Movie&Popcorn</p>  <p>26. SUNDAY! Board Games & Activity Packets @ Front Desk`</p>

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<p>27. 9am Breathing Exercise.</p> <p>10 Bible study</p> <p>1pm Manicures</p> 	<p>28. 9am Chair Yoga</p> <p>9:30 Vision Board 2025</p> <p>1pm smoothie making</p> <p>2:15-4pm orchard Bowling</p>	<p>29. 9am Breathing Exercise.</p> <p>9:45-11:20 Library</p>  <p>2:30-4 Jewelry making</p>	<p>30. 9am Chair Yoga</p> <p>9:30 Parkland Student Group.</p> <p>1pm Sign ups</p> <p>2pm resident council</p>	<p>31. 9am Breathing Exercise.</p> <p>9:45 Current Events</p> <p>10 3D wooden cars</p> <p>1-2:30 DIY Journal making</p>
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