



2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Breakfast 7am - 9am Lunch 11am - 1pm Dinner 4pm - 6pm	AC - Activity Center C - Cyber lounge D - Dining room W - Gym Lower Level L - Lobby	1 9:15am(L) ADA Sailing 12pm(AC) Let's Shoot Pool 2pm(AC) Jewelry Making 7pm(AC) NA/AA	2 10am(AC) Vision Board Social 12pm(AC) Let's Shoot Pool 2pm(AC) Men's Group 6pm(AC) Game Night
3	4 10am(AC) Rubber Band Workout 12pm(AC) BARBER 2 U \$15 For Residents 12pm(AC) TV Workshop 3pm(AC) Let's Shoot Pool	5 10am(AC) Morning Stretches 11:45(L)  2:30(AC)  7pm(AC) Anger Management	6 10am(AC) Classical Sounds 11:45(L)  2:30(AC) Nail Spa 7pm(AC) NA/AA	7 10am(AC) Current Events 1pm(AC) Pineapple Ceramics 5pm(AC) Women's Group 7pm(AC) Bible Study	8 10am(AC) Chair Yoga 11:00(L)  2:30(AC) Hangman 7pm(AC) NA/AA	9 10am(AC) Current Events 12pm(AC) Ice Cream Social 2pm(DR)  6pm(AC) Ol' Skool Grooves
10	11 10am(W) Morning Workout 12pm(AC) Spades & UNO 1pm(AC) Cell Phone Workshop 2:30(AC) 	12 10am(AC) Morning Affirmations 11:45(L)  2pm(DR)  7pm(AC) Anger Management	13 10am(W) Morning Workout 11:45(L)  2:30(AC)  7pm(AC) NA/AA	14 10am(AC) Ice Tea & Social Hour 11:45(AC) Paint & Sip 2pm(DR)  7pm(AC) Bible Study	15 9am(BP)   7pm(AC) NA/AA	16 10am(L) Nature Walk 1pm(AC) Hangman 2pm(AC)  6pm(AC) Game Night

17	18 10am(AC)  11:45pm(AC) DIY Tote Bags 1pm(AC) TV Workshop 3pm(AC) Giant Dominoes	19 10am(W) Morning Workout 11:45(L)  2:30(AC)  7pm(AC) Anger Management	20 10am(AC) Morning Meditation 1pm(AC)  2:30(AC) DIY Visor 7pm(AC) NA/AA	21 10am(L) Millennium Park  1:30(DR) Food Committee 5pm(AC) Women's Group Meeting 7pm(AC) Bible Study	22 10am(AC) Line Dancing 1:30(AC)  2pm(DR)  7pm(AC) NA/AA	23 10am(AC) Current Events 1pm(AC)  2pm(AC)  6pm(AC) Ol' Skool Grooves
24	25 10am(AC) Morning Stretches 1pm – 3pm(AC) Wheel Chair Cleaning 3pm(AC) 	26 10am(AC) Ice Tea & Social Hour 12pm(AC)  2pm(DR)  7pm(AC) Anger Management	27 10am(L)  12pm(L) Library Trip 2pm(AC) August Birthday Celebration 7pm(AC) NA/AA	28 10am(AC) Classical Sounds 12pm(AC) Jewelry Making 2pm(DR)  7pm(AC) Bible Study	29 10am(W) Morning Workout 11:45(L)  2:30(AC)  7pm(AC) NA/AA	30 10am(AC) Morning Affirmations 1pm(AC) Wine & Cheese 2pm(DR)  6pm(AC) Game Night
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