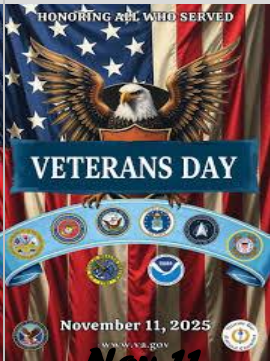
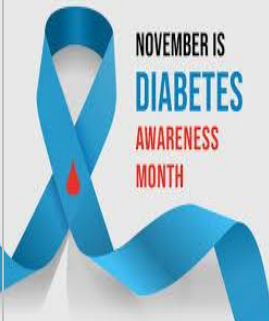
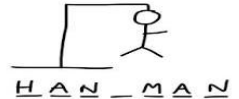
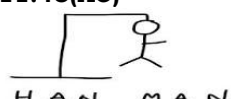




2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast 7am - 9am Lunch 11am - 1pm Dinner 4pm - 6pm	AC – Activity Center C – Cyber lounge D – Dining room W – Gym Lower Level L – Lobby					1 10am(AC)  11:45(AC) Classical Sounds 1:30(AC)  MOVIES AND POPCORN 6pm(AC) Ol' Skool Grooves
2 AC – Activity Center C – Cyber lounge D – Dining room W – Gym Lower Level L – Lobby 	3 10am(AC) Cell Phone Workshop 1pm(AC) Giant Connect Four 2pm-4pm(AC) Wheelchair Cleaning	4 10am(AC) Morning Workout 11:45(L)  3pm(AC)  MOVIES AND POPCORN 7pm(AC)  ANGER...Management!	5 10am(AC) Morning Stretches 11:45(L)  3pm(AC)  UNO 7pm(AC) NA/AA	6 10am(AC) Tea & Social Hour 11:45(AC) RTA Renewal 2pm(AC)  S'mores 7pm(AC)  Bible STUDY Join us!	7 10am(AC) Morning Workout 11:45(L)  3pm(AC)  Let's Play Pool 7pm(AC) NA/AA	8 10am(AC) Fall Harvest Craft Kit 11:45(AC) Diamond Art 2pm(DR)  BINGO! 6pm(AC) Game Night

9 	10 10am(W) Morning Workout 11am(AC) TV & Phone Workshop 1pm(AC) Golden Health Wellness 2:30pm(AC) Men's Group Meeting 3:30pm(AC) Lets Play Cards	11 10am(AC) Current Events 11:45(L)  2pm(DR) Resident Council MEETING  7pm(AC)  ANGER...Management!	12 10am(AC) Line Dancing 11:45(L)  3:30(AC)  7pm(AC) NA/AA	13 10am(AC) Morning Stretches 11:45(AC) Fall Magnets 1:30(AC) Create Email 5pm(AC) Women's Group 7pm(AC) 	14 10am(AC) Morning Meditation 11:45(L)  3:30(AC)  7pm(AC) NA/AA	15 10am(AC)  12pm(AC) Jewelry Making 2pm(DR)  6pm(AC) Ol' Skool Grooves
16 	17 10am(AC) Chair Yoga 1pm(AC) Golden Health Wellness 2pm-4pm(AC) Wheelchair Cleaning	18 10am(AC) Classical Sounds 11:45am(AC)  2pm(AC) Candy Apples 7pm(AC)  ANGER...Management!	19 10am(AC) Line Dancing 11:45(L)  3:30(AC)  7pm(AC) NA/AA	20 10am(AC) Morning Meditation 11:45(AC) Cermaic Pumpkins 1:30(DR)  7pm(AC) 	21 10am(AC) Morning Workout 1:30(DR)  2pm(DR)  7pm(DR) Movie Night	22 10am(AC) Nail Spa 1:30(AC) Connect Four 2:30(AC)  6pm(AC) Game Night
23 	24 10am(AC) Morning Stretching 11am(AC) TV & Phone Workshop 1pm(AC) Golden Health Wellness 3pm(AC) Connect Four	25 10am(AC) Chair Yoga 2pm(DR)  7pm(AC)  ANGER...Management!	26 10am(AC) Morning Affirmations 11:45(AC)  2pm(AC)  7pm(AC) NA/AA	27 	28 10am(AC) Morning Workout 11:45(AC)  2pm(DR)  7pm(AC) NA/AA	29 10am(AC) Classical Sounds 11:45(AC) Paint & Sip 2pm(AC)  6pm(AC) Ol' Skool Grooves
30						

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