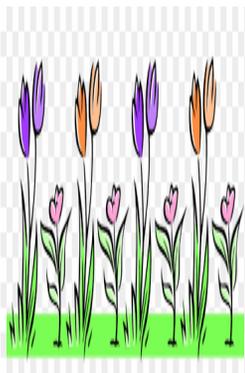




2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Breakfast 7am - 9am</p> <p>Lunch 11am - 1pm</p> <p>Dinner 4pm - 6pm</p> <p>12pm(AC) BARBER 2U</p>	<p>2</p> <p>10am(AC) Morning Stretches</p> <p>12pm(AC) TV & Phone Workshop</p> <p>1pm(AC) Golden Health Wellness</p>	<p>3</p> <p>10am(AC) Chair Yoga</p> <p>11:00(AC) Register to Vote</p> <p>2pm(AC) Create Email</p> <p>7pm(AC)</p> <p> ANGER...Management!</p>	<p>4</p> <p>10am(AC) Tea & Social Hour</p> <p>11:00(L)</p> <p></p> <p>2:30(AC)</p> <p></p> <p>6pm(AC) NA/AA</p>	<p>5</p> <p>10am(AC) Register to Vote</p> <p>12pm(AC)</p> <p></p> <p>1:30(AC) RTA Renewal</p> <p>5pm(AC) Women's Group</p> <p>7pm(AC)</p> <p></p>	<p>6</p> <p>10am(AC) Morning Workout</p> <p>11:45(L)</p> <p></p> <p></p> <p>2:30(AC)</p> <p></p> <p>6pm(AC) NA/AA</p>	<p>7</p> <p>10am(AC) Classical Sounds</p> <p>12pm(AC) Vision Board</p> <p>2:30pm(AC) Giant Connect Four</p> <p>6pm(AC) Ol' Skool Grooves</p>
<p>8</p> <p>Daylight Savings Time Begins</p> <p></p>	<p>9</p> <p>10am(AC) Morning Meditation</p> <p>12pm(AC) TV & Phone Workshop</p> <p>1pm(AC) Golden Health Wellness</p> <p>2:30(AC) Men's Group</p>	<p>10</p> <p>10am(AC) Morning Workout</p> <p>11:45(L)</p> <p></p> <p></p> <p>2pm(DR) Resident Council</p> <p></p> <p>MEETING</p> <p>7pm(AC)</p> <p> ANGER...Management!</p>	<p>11</p> <p>10am(AC) Classical Sounds</p> <p>11:45(L)</p> <p></p> <p></p> <p>2:30(AC)</p> <p></p> <p>6pm(AC) NA/AA</p>	<p>12</p> <p>10am(AC) Line Dancing</p> <p>11:45(L)</p> <p></p> <p>2pm(DR)</p> <p></p> <p>7pm(AC)</p> <p></p>	<p>13</p> <p>10am(AC) RTA Renewal</p> <p>11:45(AC)</p> <p></p> <p>1:30(DR)</p> <p></p> <p>6pm(AC) NA/AA</p>	<p>14</p> <p>10am(AC) Tea & Social Hour</p> <p>11:45(AC)</p> <p></p> <p>2:30(AC)</p> <p></p> <p>6pm(AC) Game Night</p>

<p>AC – Activity Center CL – Cyber Lounge DR – Dining Room W – Workout Room L – Lobby</p>	<p style="text-align: right;">16</p> <p>10am(AC) Classical Sounds</p> <p>12pm(AC) TV & Phone Workshop</p> <p>1pm(AC) Golden Health Wellness</p>	<p style="text-align: right;">17</p> <p>10am(AC) Morning Workout</p>  <p>HAPPY St. Patrick's DAY</p> <p>7pm(AC)</p>  <p>ANGER...Management!</p>	<p style="text-align: right;">18</p> <p>10am(AC) Line Dancing</p> <p>11:45(L)</p>  <p>2:30(AC)</p>  <p>6pm(AC) NA/AA</p>	<p style="text-align: right;">19</p> <p>10am(AC) Morning Meditation</p> <p>11:45(AC) Air Fryer Intro</p> <p>2pm(AC) Root Beer Floats</p> <p>5pm(AC) Women's Group</p> <p>7pm(AC)</p> 	<p style="text-align: right;">20</p> <p>10am(AC) Morning Workout</p> <p>1:30(DR)</p>  <p>2pm(DR) Town Hall Meeting</p>  <p>6pm(AC) NA/AA</p>	<p style="text-align: right;">21</p> <p>10am(AC) DIY Ceramics</p> <p>11:45(AC) Nail Spa</p> <p>1pm(AC)</p>  <p>MOVIES AND POPCORN</p> <p>6pm(AC) Ol' Skool Grooves</p>
<p style="text-align: right;">22</p> 	<p style="text-align: right;">23</p> <p>10am(AC) Morning Workout</p> <p>12pm(AC) TV & Phone Workshop</p> <p>1pm(AC) Golden Health Wellness</p> <p>2:30(AC) Men's Group</p>	<p style="text-align: right;">24</p> <p>10am(AC) Tea & Muffins</p> <p>12pm(L)</p>  <p>2:30(AC)</p>  <p>7pm(AC)</p>  <p>ANGER...Management!</p>	<p style="text-align: right;">25</p> <p>10am(L)</p> <p>ILLINOIS SECRETARY OF STATE</p> <p>FAST LANE DMV</p> <p>12pm(AC)</p>  <p>2:30(AC) Diamond Art</p> <p>6pm(AC) NA/AA</p>	<p style="text-align: right;">26</p> <p>10am(AC) Chair Yoga</p> <p>11:45(AC)</p>  <p>1:30(DR)</p>  <p>7pm(AC)</p> 	<p style="text-align: right;">27</p> <p>10am(AC) RTA Renewal</p> <p>11:45(AC)</p>  <p>2pm(AC)</p>  <p>6pm(AC) NA/AA</p>	<p style="text-align: right;">28</p> <p>10am(AC)</p>  <p>12pm(AC)</p>  <p>2pm(DR)</p>  <p>6pm(AC) Game Night</p>
<p style="text-align: right;">29</p> 	<p style="text-align: right;">30</p> <p>10am(AC) Morning Stretches</p> <p>12pm(AC) Wheel Chair Cleaning</p> <p>1pm(AC) Golden Health Wellness</p>	<p style="text-align: right;">31</p> <p>10am(AC) Classical Sounds</p> <p>2pm(AC) Wine & Cheese</p> <p>3pm(AC) March Birthday Celebration</p> <p>7pm(AC)</p>  <p>ANGER...Management!</p>				

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