



2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Breakfast 7am - 9am</p> <p>Lunch 11am - 1pm</p> <p>Dinner 4pm - 6pm</p>	<p>Designed by © Freepik</p>		<p>1</p> <p>10am(AC) Line Dancing</p> <p>11:45(AC) RTA Renewal</p> <p>2:30(CL) Create Email</p> <p>7pm(AC) NA/AA</p>	<p>2</p> <p>10am(AC) Morning Meditation</p> <p>1pm(L) Easter Egg Hunt</p> <p>2:30(AC) DIY Easter Basket</p> <p>7pm(AC)</p> <p>Passover</p>	<p>3</p> <p>10am(AC) Classical Sounds</p> <p>11:45(L)</p> <p>12pm(AC) BARBER 2 U</p> <p>7pm(AC) NA/AA</p> <p>Good Friday</p>	<p>4</p> <p>10am(AC) Vision Board Social</p> <p>11:45(AC)</p> <p>2:30(AC)</p> <p>6pm(AC) Ol' Skool Grooves</p>
<p>5</p> <p>Easter Sunday</p>	<p>6</p> <p>10am(AC) Morning Stretches</p> <p>12pm(AC) TV & Phone Workshop</p> <p>1pm(AC) Golden Health Wellness</p> <p>2:30(AC) Men's Group</p>	<p>7</p> <p>10am(AC) Morning Meditation</p> <p>11:45(L) WAL*MART</p> <p>2pm(DR) Resident Council MEETING</p> <p>7pm(AC)</p> <p>ANGER...Management!</p>	<p>8</p> <p>10am(AC) Chair Yoga</p> <p>11:45(L) WAL*MART</p> <p>2:30(AC)</p> <p>7pm(AC) NA/AA</p>	<p>9</p> <p>10am(AC) Current Events</p> <p>11:45(L) FORMAN MILLS FIND IT. LOVE IT. OWN IT.</p> <p>2:30(AC) DIY Pitcher Pillow Cases</p> <p>5pm(AC) Women's Group</p> <p>7pm(AC)</p>	<p>10</p> <p>10am(W) Morning Workout</p> <p>11:45(L) WAL*MART</p> <p>2:30(AC)</p> <p>7pm(AC) NA/AA</p>	<p>11</p> <p>10am(AC) Ice Tea & Social Hour</p> <p>11:45(AC) Giant Connect Four</p> <p>2pm(DR)</p> <p>6pm(AC) Game Night</p>

<p>12</p> <p>AC – Activity Center CL – Cyber Lounge DR – Dining Room W – Workout Room L – Lobby</p>	<p>13</p> <p>10am(AC) Morning Stretches 12pm(AC) TV & Phone Workshop 1pm(AC) Golden Health Wellness 2:30pm(CL) Computer Training & Tablets</p>	<p>14</p> <p>10am(AC) Line Dancing 11:00(L)  2:30(AC)  7pm(AC)  ANGER...Management!</p>	<p>15</p> <p>10am(AC) Morning Meditation 11:45(AC) DIY Ceramics 2:30(CL) Create Email 7pm(AC) NA/AA</p>	<p>16</p> <p>9am(L)  10am(AC) Classical Sounds 12pm(AC) DIY Strawberry Bloom Craft Kit 3pm(AC) Monopoly 7pm(AC) </p>	<p>17</p> <p>10am(AC) RTA Renewal 11:45(AC) Diamond Art 1:30(DR)  2pm(DR)  7pm(AC) NA/AA</p>	<p>18</p> <p>10am(AC)  11:45(AC) Nail Spa 2:30(AC) Sip & Paint 6pm(AC) Ol' Skool Grooves</p>
<p>19</p> 	<p>20</p> <p>10am(AC) Morning Meditation 12pm(AC) TV & Phone Workshop 1pm(AC) Golden Health Wellness 2pm Wheel Chair Cleaning</p>	<p>21</p> <p>10am(W) Morning Workout 12pm(AC) Piant & Sip 2:30(AC)  7pm(AC)  ANGER...Management!</p>	<p>22</p> <p>10am(AC) Chair Yoga 11:45(AC) Intro To Air Fryer 2:30(AC) Fruit & Wine 7pm(AC) NA/AA</p>	<p>23</p> <p>10am(AC) Ice Tea & Social Hour 1:30(DR) Food Committee 2:30(AC)  7pm(AC) </p>	<p>24</p> <p>10am(AC) Line Dancing 1:30(AC)  2:30(AC)  7pm(AC) NA/AA</p>	<p>25</p> <p>10am(AC) Classical Sounds 12pm(AC) Giant Connect Four 2pm(DR)  6pm(AC) Game Night</p>
<p>26</p>  <p>Martez</p>	<p>27</p> <p>Open Activities Broad Games & Cards 1pm (AC) Golden Health Wellness 2pm(AC) Men's Group</p>	<p>28</p> <p>10am(W) Morning Workout 11:45(AC)  2pm(DR)  7pm(AC)  ANGER...Management!</p>	<p>29</p> <p>10am(AC) Classical Sounds 11:45(AC)  2:30pm(AC) March Birthday Celebration 7pm(AC) NA/AA</p>	<p>30</p> <p>10am(L) Nature Walk 2:30(AC)  5pm(AC) Women's Group 7pm(AC) </p>		

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