



FRIDAY	SATURDAY	SUNDAY
--------	----------	--------

<p>1ST National Space Day</p>  <p>9AM ZUMBA</p> <p>9:30AM Morning Affirmations</p>  <p>10AM</p> <p>1:30PM Afternoon Stroll around the Neighborhood</p>  <p>2PM COME JOIN US!!</p>	<p>2ND Harry Potter Day</p> <p>9AM Morning Social</p> <p>9:30AM Tea & Conversation If you had a time machine would you rather stay in the present or past?</p> <p>10AM Snack: Donuts</p>  <p>10:30AM Mood Journal</p> <p>1:30PM Harry Potter</p>  <p>Marathon</p> <p>2PM Snack: Popcorn</p> <p>2:30PM PALACE/SPADES</p>  <p>3PM Let's play Dominos</p> <p>3:30PM Jewelry Making</p>	<p>3RD Sun Day</p>  
---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>4TH <u>National Weather Observers Day</u> 9AM Resistance Band Workout   9:30AM Iced Caramel Coffee 10AM DIY Hummingbird Windchimes  10:30AM Brain Teasers 1:30PM PALACE  2:30PM Blockbuster Trivia  3:30PM WII Mario Kart</p>	<p>5TH <u>Cinco de Mayo</u> 9AM Meet in Workout Room  9:30AM Morning Music 10AM  10:30AM  1:30PM Watercolor Painting  2PM Let's play Checkers 2:30PM Pool Game  3PM</p>	<p>6TH <u>National Beverage Day</u> 9AM Morning News 9:30AM RTA ASSISTANCE  10AM Mood Writing  10:30AM Let's play Dominos 1:30PM Plant your own Seed (Vegetable/ Berry or Flower)  2PM Afternoon Stroll  3PM DIY Spring Wreaths </p>	<p>7TH <u>National Hug Day</u> 9AM  9:30AM Morning News 10AM  2PM Let's play Pool  2:30PM  7PM - 8PM CHURCH SERVICE (IN ACTIVITY ROOM) </p>	<p>8TH <u>White Lotus Day</u> 9AM Morning Affirmations 9:30AM Tea & Chat  10AM Let's go Thrifting  2PM  2:30PM  3PM </p>	<p>9TH <u>Archery Day</u>  9AM 9:30AM Morning Stroll  10AM  10:30AM PHONE SERVICE APPLICATIONS  1:30PM SPADES 2PM  3PM EDEN BAND </p>	<p>10TH <u>Trust Your Intuition Day</u>      </p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

11th Hostess CupCake Day



9AM
9:30AM Morning Stroll



10AM Morning Affirmations
10:30AM DIY Self Portrait
1:30PM Blockbuster Trivia



2PM EDEN BAND



3PM



12th International Nurses Day

9AM Vanilla Protein Shake
9:30AM



10AM PHONE SERVICE ASSISTANCE



10:30AM RTA ASSISTANCE



1:30PM Chair Boxing



2PM Let's play Chess
2:30PM



3PM



13th National Fruit Cocktail Day

9AM Morning Music
9:30AM
LINCOLN PARK ZOO




2pm TOWN HALL
2:30pm Food Committee
3:00pm Activity Input Meeting




14th Casinos Day


9AM Resistance Band Workout




9:30AM
10AM DIY Spring Lantern



2PM Mood Painting
2:30PM World Music Social




3:30PM Let's play Sorry!!
7PM - 8PM GAME NIGHT WITH PARK COMMUNITY (IN ACTIVITY ROOM)




15th NASCAR Day


9AM




9:30AM Coffee and Jazz
10AM Word Search Race




10:30AM Letter to Family/Friend (STAMP PROVIDED)
11:30AM MINI GOLF



2:30PM



3PM



16th Drawing Day

9AM Morning News
9:30AM Stretches and Relaxation
10AM Tea & Sudoku
10:30AM Coloring Club
1:30PM Snack: Icecream Sandwich



2PM




3PM SPADES




MICHAEL JACKSON TRIBUTE NIGHT
7-9PM
In Dining Room



17th Baking Day



SUNDAY AFFIRMATION
Today I choose to honor and cherish myself with love and compassion. As I nurture myself, I strengthen my ability to uplift and inspire others. I honor my energy, mind, my gifts, and allow divine wisdom to flow through me. My healing begins within, and from this space of wholeness, I radiate peace, balance, and love to all.
-Hilary George Perle



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

18TH **International Museum Day**
9AM



9:30AM Coffee & Conversation
What was the best advice your family ever gave you?
10AM Let's play



10:30AM UNO
1:30PM



2PM Chair Boxing



2:30PM



3PM Snack:



19TH **Malcolm X Day**
9AM Morning Social
9:30AM Let's Scrapbook!
10:30AM Northerly Island Park




2:30PM Lip Sync Karaoke Meet in THEATER




3PM




20TH **World Bee Day**
9AM Resistance Band Workout




9:30AM Let's play LRC Dice Game




10AM Morning Stroll




10:30AM PHONE SERVICE ASSISTANCE




1:30PM Canvas Art Contest Part 1



2:30PM Let's play WII TRIVIA



3:30PM



21ST **Eat More Fruits and Vegetables Day**
9AM Meet in Workout Room



9:30AM Tea and Chat
10AM Jewelry Making
10:30AM Coloring Club
1:30PM Let's set up our Caterpillars




2PM Life Documentary
3PM Let's stroll around the neighborhood


7PM - 8PM SERVICE (IN ACTIVITY ROOM)




22ND **Sherlock Holmes Day**
9AM Morning Social
9:30AM
10AM RTA ASSISTANCE




10:30AM Let's Talk
What's your favorite comfort food?
1:30PM Mood Writing



2PM PALACE




2:30PM MOVIE NIGHT



23RD **Lucky Penny Day**
9AM Morning Affirmations
9:30AM



10AM Scrapbook Club



1:30PM Afternoon Stroll



2PM



3PM Let's play Who wants to be a Millionaire

24TH **National Sunscreen Day**



Sunday Affirmations



--	--	--	--	--	--	--

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
--------	---------	-----------	----------	--------	----------	--------

25TH World Otter Day



9AM **ZUMBA**
 9:30AM Iced tea
 10AM Letter to a Friend/Family (Stamp Provided)
 10:30AM



1:30PM Snack:



Fruit Cup
 2PM Create your own Clay Art Part 1
 2:30PM



3PM



26TH National Hamburger Day

9AM Resistance Band Workout




9:30AM Mood Painting



10AM Morning Stroll



10:30AM PHONE SERVICE ASSISTANCE



1:30PM World Music Social



3PM



3PM

27TH World Digestive Health Day

9AM Morning Affirmations
 9:30AM Let's talk
 SUPERSTITIONS
 10:30AM



1:30PM Paint your own Clay Art Part 2
 2PM



2:30PM Canvas Art Contest Winner Announcement



3PM SPADES



28TH National Creativity Day

9AM Morning News
 9:30AM Green Tea



10AM RTA ASSISTANCE



10:30AM Clay Art Contest Winner Announcement
 2pm-4pm MAY BIRTHDAY CELEBRATION



7PM - 8PM GAME NIGHT WITH PARK COMMUNITY (IN ACTIVITY ROOM)



29TH World MS Day

9AM Music Social
 9:30AM Morning Stretches
 10AM Built your own Wooden Car



10:30AM Forest Preserve Picnic/ Nature Walk



3pm



30TH National Smile Day

9AM Music and Relaxation
 9:30AM Morning News
 10AM Plant your own Seed (Vegetable/ Berry or Flower)



10:30AM Coloring Club
 1:30PM EDEN BAND



2PM



3PM



31ST National Macaroon Day



I trust the unfolding of my day.



--	--	--	--	--	--	--