



2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>AC – Activity Center C – Cyber lounge D – Dining room W – Gym Lower Level L – Lobby</p>	<p>Breakfast 7am - 9am Lunch 11am - 1pm Dinner 4pm - 6pm</p>		<p>1 10am(AC) Ice Tea & Social Hour 11:45(L)</p> <p> 3pm(AC)</p> <p> 7pm(AC) NA/AA</p>	<p>2 10am(W) Morning Workout 12pm(AC)</p> <p> 2pm(AC) DIY Sun Visor 7pm(AC)</p> <p> Bible Study Join us!</p>	<p>3 10am(L)</p> <p> 12pm(AC)</p> <p>Barber 2 U 3pm(AC)</p> <p> 7pm(AC) NA/AA</p>	
<p>5 IT'S HOT OUTSIDE! Stay Cool Stay Hydrated Stay Informed</p>	<p>6 10am(AC) Rubber Band Workout 11:45(L) TV/Workshop 1pm(AC) Golden Health Wellness 3pm(AC) Men's Group</p>	<p>7 10am(AC) Nature Walk 11:45(L) WAL-MART</p> <p> 3pm(AC) TRIVIA TUESDAY</p> <p>7pm(AC)</p> <p> ANGER...Management!</p>	<p>8 10am(AC) Classical Sounds 11:45(L) WAL-MART</p> <p> 3pm(AC)</p> <p> 7pm(AC) NA/AA</p>	<p>9 9am(L)</p> <p> 11:45(L) WAL-MART</p> <p> 5pm(AC) Women's Group 7pm(AC)</p> <p> Bible Study Join us!</p>	<p>10 10am(AC) Morning Workout 11:45(AC) Giant Jenga 2pm(AC)</p> <p> 7pm(AC) NA/AA</p>	<p>11 10am(AC)</p> <p> 11:45(AC)</p> <p> 2pm(DR) BINGO</p> <p> 6pm(AC) Ol' Skool Grooves</p>

<p>12</p> 	<p>13</p> <p>10am(AC) Classical Sounds & Social Hour 11:45(L) Create Email 1pm(AC) Golden Health Wellness 3pm(AC) </p>	<p>14</p> <p>10am(AC) Morning Workout 11:45(L)  2pm(DR) Resident Council  7pm(AC) </p>	<p>15</p> <p>10am(AC) RTA Renewal 11am(L)  3pm(AC)  7pm(AC) NA/AA</p>	<p>16</p> <p>10am(AC) Chair Yoga 12pm(AC) DIY Suncatchers 3pm(AC) Let's make S'mores  7pm(AC) </p>	<p>17</p> <p>10am(AC) Ice Tea & Social Hour 12pm(AC)  2pm(DR)  7pm(AC) NA/AA</p>	<p>18</p> <p>10am(AC)  11:45(AC)  3pm(AC) Nail Spa 6pm(AC) Game Night</p>
<p>19</p> 	<p>20</p> <p>10am(AC) Rubber Band Workout 11:45(L) TV/ Workshop 1pm(AC) Golden Health Wellness 3pm(AC) </p>	<p>21</p> <p>10am(W) Morning Workout 12pm(AC)  2:30(AC)  7pm(AC) </p>	<p>22</p> <p>10am(AC)  12pm(AC) Diamond Art 2:30(AC) Activity Meeting 7pm(AC) NA/AA</p>	<p>23</p> <p>1:30(BY) ALL DAY ACTIVITY </p>	<p>24</p> <p>9:30am(L) EDEN CHAMPAIGN CARNIVAL 1:30pm(DR)  3pm(AC)  7pm(AC) NA/AA</p>	<p>25</p> <p>10am(AC) Classical Sounds 12pm(AC)  2pm(DR)  6pm(AC) Ol' Skool Grooves</p>
<p>26</p> 	<p>27</p> <p>10am(AC) Morning Workout 12pm(AC)  1pm(AC) Golden Health Wellness 2pm(AC) Wheel Chair Cleaning</p>	<p>28</p> <p>10am(AC) Chair Yoga 12pm(AC) Sip & Paint 2pm(AC)  7pm(AC) </p>	<p>29</p> <p>10am(AC) Line Dancing 12pm(AC)  3pm(AC)  7pm(AC) NA/AA</p>	<p>30</p> <p>10am(W) Morning Meditation 11:45(L)  3pm(AC)  7pm(AC) </p>	<p>31</p> <p>10am(L)  12pm(AC)  2pm(DR)  7pm(AC) NA/AA</p>	

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