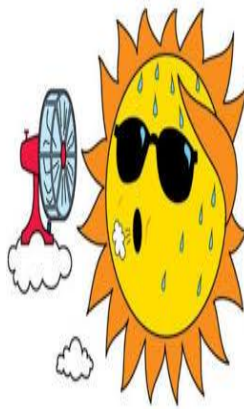
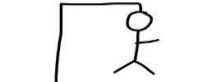
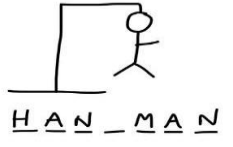




2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AC – Activity Center C – Cyber lounge D – Dining room W – Gym Lower Level L – Lobby	Breakfast 7am - 9am Lunch 11am - 1pm Dinner 4pm - 6pm					1 10am(AC) August Vision Board Social 12pm(AC)  2pm(AC)  6pm(AC) Ol' Skool Grooves
2 	3 10am(L) Nature WALK 12pm - 3pm(AC) Barber 2 U 1pm(AC) TV/ Workshop 3pm(AC) Men's Group	4 10am(AC) Chair Yoga 11:45(L) WAL-MART  3pm(AC) DIY Sun Visor 7pm(AC) 	5 10am(AC) Morning Meditation 11:45(L) WAL-MART  3pm(AC) Spades Tournament 7pm(AC) NA/AA	6 10am(W) Morning Workout 12pm(AC)  2:30(AC)  7pm(AC) 	7 10am(AC) Rta Renewal 11:45(L) WAL-MART  3pm(AC)  7pm(AC) NA/AA	8 10am(AC) Classical Sounds 12pm(AC)  3pm(AC)  6pm(AC) Game Night

9 	10 10am(AC) Classsial Sounds & Social Hour 11:45(L) Create Email 2pm(AC)  3pm(AC) 	11 10am(AC) Morning Workout 11:45(L)  2pm(DR) Resident Council  MEETING 7pm(AC) 	12 10am(AC) Ice Tea & Social Hour 12pm(AC)  MOVIES AND POPCORN 3pm(AC) Diamond Art 7pm(AC) NA/AA	13 9am(L) Social Security 10am(AC) Chair Yoga 11:45(L)  5pm(AC) Women's Group 7pm(AC) 	14 10am(L)  11:45(AC) Nail Spa 2pm(DR)  7pm(AC) NA/AA	15 10am - 3pm 
16 	17 10am(AC) Rubber Band Workout 12pm - 2pm(AC) TV/ Workshop 3pm(AC) 	18 10am(AC) Morning Meditation 12pm(AC)  2pm(AC) Popcorn Social 7pm(AC) 	19 10am(L)  12pm(AC)  3pm(AC)  7pm(AC) NA/AA	20 10am(AC) Line Dancing 1:30pm(DR)  3pm(AC)  7pm(AC) 	21 10am(AC) RTA Renewal 1:30(DR)  2pm(DR)  7pm(AC) NA/AA	22 10am(AC)  12pm(AC)  2pm(AC) Fruit & Wine 6pm(AC) Ol' Skool Grooves
23 	24 10am(AC) Morning Workout 11:45(L) Create Email 2pm(AC) UNO 3pm(AC)  HAN _ MAN	25 10am(AC) Chair Yoga 12pm(AC) RTA Renewal 2pm(AC)  TOWN HALL MEETING 7pm(AC) 	26 10am(AC) Classical Sounds 11:45(L)  3pm(AC)  7pm(AC) NA/AA	27 10am(W) Ice Tea & Social Hour 12pm(AC)  TRIVIA THURSDAY 2:30(AC) August Birthday Celebration 7pm(AC) 	28 10am(L)  12pm(AC) Diamond Art 2pm(AC)  7pm(AC) NA/AA	29 10am(AC) Nail Spa 12pm(AC)  2pm(AC)  6pm(AC) Game Night

30 Sun Protection 	31 10am(AC) Classical Sounds 11:45(L) TV/Workshop 2pm(AC) UNO 3pm(AC) 					
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